

Family Hubs Infant Feeding Team



**Rochdale
Borough
Family Hubs**

Support that grows with you



The Family Hub Infant Feeding Team delivers a service funded by Family Hubs and Start for Life programme to provide infant feeding support's in addition to services provided by Midwives, Health Visitors and Family Hubs, which are already available throughout Rochdale, Heywood and Middleton.

We have a specialist infant feeding lead and five infant feeding support workers who will provide advice and support to families.

What we offer:

- Ante-natal infant feeding advice
- Support and advice on infant feeding via telephone, home visits and in family hubs
- Breastfeeding pump loan scheme
- Support for any feeding challenges
- Weaning advice
- Contact with breastfeeding mothers in the first few days after discharge from hospital

Breastfeeding pump loan scheme:

Families receiving support from the infant feeding team, who may need to express milk and maintain or grow their milk supply, could now be offered a pump loan as part of their care.

The loan will be for two weeks and then reviewed.

Infant feeding support available in the community

Family Hubs breastfeeding clubs

This is an informal, friendly group session for parents and their babies. Call in for a relaxed and informal chat, advice and/or support for breast feeding issues.

If you are pregnant and interested in breastfeeding, would like answers to breastfeeding questions or just want to meet other breastfeeding parents, come along to one of the breastfeeding drop in sessions.

Day	Family Hub Venue	Time
Monday	Woodlands Family Hub	1pm -2.30pm
Tuesday	Belfield Family Hub	9.30am – 11.30am
Tuesday	Kirkway Family Hub	10.30am – 12pm
Wednesday	Deeplish Family Hub	1.30pm – 3pm
Thursday	Langley Family Hub	1pm – 2.30pm
Thursday	Sandbrook Family hub	1.30pm – 3pm
Friday	Howard Street Family Hub	2.00pm – 3.30pm

How to get in touch:

You can contact us directly or professionals can send a request through to the team

 0161 206 1098 (9am – 5pm)

 communityinfantfeedingteam@nca.nhs.uk

For more information, please scan the QR code on Our Rochdale.



Additional resources

Start for Life home

NHS (www.nhs.uk)

Home - Meet Anya.

A baby friendly app.

The Breastfeeding Network | Independent Breastfeeding Support

24/7 telephone advice service.



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To find out more about
family hubs and what
is available – visit
Our Rochdale | Family Hubs