

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal option 1	Roast Dinner served with roast potatoes, mixed vegetables and gravy	Sausage & mash with peas and gravy	Sticky chicken with rice & salad	All day breakfast scrambled egg, sausage, hash brown and beans	Fish fingers served with chips & peas
Main meal option 2	Quorn roast dinner with roast potatoes, mixed vegetables and gravy	Cheese & onion pie served with peas and mash	Penne pasta in a tomato and basil sauce	Vegetarian all day breakfast served with veggie sausage	Pizza served with chips and sweetcorn
Sandwiches & paninis	Cheese, tuna, chicken or ham in a crusty cob	Cheese or tuna wrap	Cheese, tuna, chicken or ham in a crusty cob	Cheese or tuna wrap	Cheese, tuna, chicken or ham in a crusty cob
Jackets	Jacket potato with cheese, beans or tuna & salad	Jacket potato with cheese, tuna or beans & salad	Jacket potato with cheese, tuna or beans & salad	Jacket potato with cheese, tuna or beans & salad	Jacket potato with cheese, tuna or beans & salad
Dessert	Homemade biscuit, fruit or yogurt	Jelly, Fruit or sponge cake	Banana cake, fruit or yogurt	Flapjack, fruit or yogurt	Ice cream, choc chip cake or fruit



Available daily – Fresh fruit, salad and vegetables

