



One Family in Christ

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Newsletter

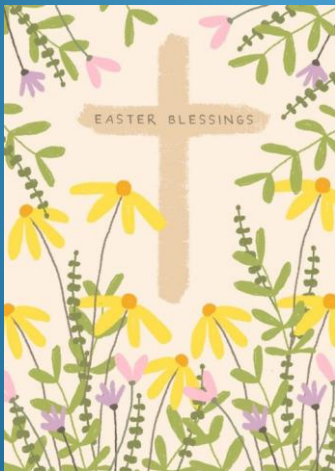
3<sup>rd</sup> April 2026

We have had a great term and the children deserve a lovely break before the start of the Summer term. Thanks for your ongoing support.



#onefamilyinchrist

☺ Mrs Campbell



Head-teacher awards	Qualities of the class 'woman of the Bible'	Celebration of Talent spotting
Nursery (Jochabed)	Zahra	JayJay Hana
Reception (Miriam)	Adannaya	Halina-Noor Deborah
Y1 (Elizabeth)	Adam	Zeeshan Lawi
Y2 (Prisca)	Zarmeen	Keyla Divine Power
Y3 (Sheba)	Angel	Hafsa Jason
Y4 (Deborah)	Sophia	Nivan Leandro
Y5 (Esther)	Nathan	Michael Esmee, Abubaker, Muhammad
Y6 (Lydia)	Aryan	Moses Amarachi

Class	Reception	Y1	Y2	Y3	Y4	Y5	Y6
Attendance: week beg 30.3.26	98.3	97.1	92.2	97.1	98.1	98	93.6

Visit our website for more information:

<https://www.stjohnsrc.rochdale.sch.uk>

01706 647 195



# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Catholic Life

### Gospel: Matthew 21:1-11

As Jesus and his disciples approached Jerusalem, they came to Bethphage at the Mount of Olives. There Jesus sent two of the disciples on ahead with these instructions: "Go to the village there ahead of you, and at once you will find a donkey tied up with a colt beside her. Untie them and bring them to me. And if anyone says anything, tell him, 'The Master needs them'; and then he will let them go at once."

This happened in order to make what the prophet had said come true:

"Tell the city of Zion,

Look your king is coming to you!

He is humble and rides on a donkey  
and on a colt, the foal of a donkey."

So the disciples went and did what Jesus had told them to do: they brought the donkey and the colt, threw their cloaks over them, and Jesus got on. A large crowd of people spread their cloaks on the road while others cut branches from the trees and spread them on the road. The crowds walking in front of Jesus and those walking behind began to shout, "Praise to David's Son! God bless him who comes in the name of the Lord! Praise be to God!"

When Jesus entered Jerusalem, the whole city was thrown into uproar. "Who is he?" the people asked.

"This is the prophet Jesus, from Nazareth in Galilee," the crowds answered.

God made all of us, no matter where in the world that we come from. Jesus is in all of us. So every time we meet someone, and welcome them, we are welcoming Jesus.

Jesus is in all people, so we should treat all people with the respect, love and kindness that we would show to Jesus. We should try to welcome people into our lives and treat them as we would like to be treated.



Love of learning and playing together. One community, aiming high, helping each other and praying together. On our journey with Christ.

Visit our website for more information:

<https://www.stjohnsrc.rochdale.sch.uk>

01706 647 195



**One Family in Christ**

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## The Importance of Attendance

Our attendance this week is 96.2% which is fantastic!



**A reminder that school is open on Monday 13<sup>th</sup>  
April at 8.45am.**

Love of learning and playing together. One community, aiming high, helping each other and praying together. On our journey with Christ.

Visit our website for more information:  
<https://www.stjohnsrc.rochdale.sch.uk>

01706 647 195



One Family in Christ

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Parental support: online habits

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guidance, hints and tips for adults.

### Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you - or your child - took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here...

#### WHAT IS DIGITAL RESILIENCE?

Resilience doesn't mean being as tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

#### MAKE POSITIVE LIFESTYLE CHOICES

- Make time for the people and things that make you happy.
- Monitor your screen time and stick to your limits.
- On social media, follow people that make you feel good about yourself - and unfollow the ones who don't.
- Spread some positivity: post good reviews, leave encouraging comments and share good news.

#### KEEP YOUR HEALTH IN MIND

- Try to factor in regular breaks offline and away from your screen - ideally, outdoors for some revitalising fresh air.
- Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

#### REACH OUT FOR SUPPORT

- If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- Follow people on socials who have the same values and morals as you.
- You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

#### PUT SAFETY FIRST

- If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- Another option is to block the person or the account that's causing you a problem - or you could go one step further by totally deleting the app you were using.

#### GET THINGS CLEAR IN YOUR HEAD

- Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- Think about how it makes you feel when someone sends you a positive or funny message online.
- What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

#### Meet Our Expert

Cayley Jorganian is a registered counsellor with the Health Professions Council of South Africa, with a specialism practice in other children, children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and education to schools worldwide.





NOS National Online Safety  
#WakeUpWednesday

[@nationalonlinesafety](https://twitter.com/nationalonlinesafety)
[/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)
[@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety)
[@national\\_online\\_safety](https://www.youtube.com/channel/UC...)

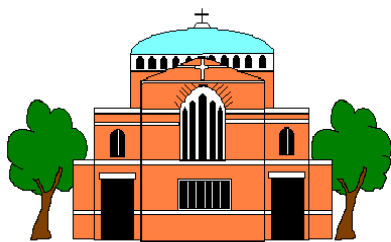
Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.03.2023

We are "One family in Christ"

Visit our website for more information:

<https://www.stjohnthebaptist.stoccat.org.uk>

01706 647 195



**One Family in Christ**

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Parental support: Neurodiversity

### Neurodiversity Hub Workshop Timetable for Parents and Carers - April-July 2026



#### Tools for Emotional Regulation (primary and secondary aged children)

We will look at how the STAR tool and the Hand-Brain Model can help you understand what might be happening for your child and explore supportive ways to help them feel safe and regulated.

**30th April 9:30-11:30** at Milnrow Parish Primary School, James St, Rochdale OL16 3JT  
**8th June 9.30-11.30** at Callaghan House, Cross Street, Heywood, OL10 1PU

Join us for a shorter, online session designed to help you better understand your child's emotional and sensory responses.

**7th May 6-7pm**      **29th June 10-11am**      **16th July 12-1pm**

#### Managing Anger and Meltdowns (primary and secondary)

We will look at understanding and managing anger, anxiety, distressed behaviours and meltdowns.

**27th April 9.30 - 11.30am** at Bowlee Park Primary School, Windermere Rd, M24 4LA  
**20th May 5pm - 7pm** at Callaghan House, Cross Street, Heywood, OL10 1PU  
**22nd June 9.30-11.30** at Floor 2, Spotland Bridge Mill, Mellor Street, Rochdale OL11 5BU

#### SEND Transition coffee mornings for Year 6 parents and carers

Join the Neurodiversity Hub and RANS NOTES to discuss your child's transition to high school and discuss any challenges with the team and other parents/carers. Please book on both dates.

**21st April 10-11:30** at All Souls CE Primary School, Healey Ave, Heywood OL10 4DE  
**27th April 10-11:30** at Castleton Primary, Hillcrest Road, Rochdale OL11 2QD  
**1st May 10-11:30** at St Peter's RC Primary School, Middleton, M24 1FL

The workshops below will be delivered by the Occupational Therapy Team and the Neurodiversity Hub

#### Sensory Processing Difficulties Webinar

To access the Sensory Webinar scan the QR code:



Please watch the 'Sensory Processing Difficulties' Webinar before attending any of the workshops below.

#### Personal Care from a Sensory Perspective (age 3-19)

We will look at how sensory needs impact self-care and discuss practical day to day strategies.

**22nd April 9:30-11:30** at Norden Family Hub, Shawfield Lane Rochdale, OL12 7RQ

#### Sensory Processing and Anxiety (primary/secondary)

We will look at how anxiety and sensory needs interlink and to recognise triggers. We will share ideas that you can try.

**13th May 9:30-11:30** Boarshaw Family Hub, Stanycliffe Lane, Middleton, M24 2PB

#### Proprioception / vestibular practical workshop (primary/secondary)

We will demonstrate practical, hands-on activities you can try with your child.

**24th June 9.30-11.30** Callaghan House, Cross Street, Heywood, OL10 1PU

#### How to book:

Email: [hmr-ndhub@nca.nhs.uk](mailto:hmr-ndhub@nca.nhs.uk) - Please include the workshop you want to attend, your child's name and date of birth in the email

Phone: 0161 206 0606

Please note – it is not appropriate to bring children to the session as we do not have childcare facilities available.

### How to access the Neurodiversity Hub - Support for parents and carers - April-July 2026



#### Information and Advice Sessions

What to expect: You will have the opportunity to access advice and signposting from a range of local support services.

#### Services available:



**23rd April 9:30am - 11am** at St Mary's CE Primary School, Oldham Road, OL11 2HB

**30th April 6pm-8pm** at St George's Hall, Oakenrod, Bury Road, OL11 4EB

**21st May 9:30am-11am** at St Peter's RC Primary School, Kirkway, M24 1FL

**18th June 9:30am - 11am** at Deepthi Primary Academy, Derby Street, OL11 1LT

**25th June 6pm-8pm** at St George's Hall, Oakenrod, Bury Road, OL11 4EB

**9th July 9:30am - 11am** at Oak Haven SEMH School, Sutherland Road, OL10 3PY

#### Advice Line

What to expect: We will discuss your concerns and support available.

#### Tuesday Advice Line

To book: Call 0161 206 0606 between 8am-12pm on a Tuesday morning. You will then be added to a 'call back' list and a member of the team will return your call between 1pm-5.30pm.

**1st April**      **Wednesday Evening Advice Line (once a month)**  
**20th May**      **3rd June**      **1st July**

To book: Call 0161 206 0606 between 8am-12pm on the Wednesday morning. You will then be added to a 'call back' list and a member of the team will return your call between 5-7pm.

#### Drop in sessions

What to expect: We attend Home Start RAASS Parent Support Group. During these sessions a member of the Neurodiversity Hub and the RAASS team will be available to offer signposting and support.

**Middleton** - Burnside Community Centre, 36 Burnside Crescent Langley Middleton, M24 5NN, 9.30-11.30am

**Friday 8th May**      **Friday 5th June**      **Friday 3rd July**

**Milnrow** - Butterworth Hall, New St, Milnrow OL16 3PQ, 9.30-11.30am

**Tuesday 12th May**      **Tuesday 9th June**      **Tuesday 7th July**

**Heywood** - Heywood Baptist Church, Rochdale Road, Heywood, OL10 1LE, 9.30-11.30am

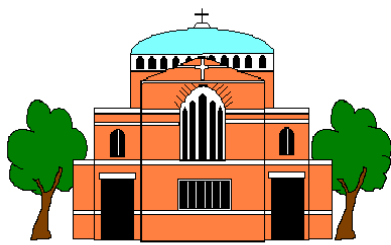
**Wednesday 22nd April**      **Wednesday 20th May**      **Wednesday 17th June**

We are "One family in Christ"

Visit our website for more information:

<https://www.stjohnthebaptist.stoccat.org.uk>

01706 647 195



One Family in Christ

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Parental support: Sleep support



### Sleep Support Drop-In Sessions at Family Hubs

Is your child or young person experiencing mild to moderate sleep difficulties?  
Come along to our informal drop-in for friendly advice, practical tips and support.

No appointment needed

Open to all families

Relaxed, welcoming space

Hub	Date	Time
Howard St Family Hub OL12 0PP	Mon 20th April	9.30am-11.30am
Langley Family Hub M24 4LA	Wed 22nd April	12pm-2pm
Derby St Family Hub OL10 4QJ	Thurs 23rd April	9.30am-11.30am
Newbold Family Hub OL16 5NL	Fri 24th April	9.30am-11.30am

If you have any questions, please contact the SEND Advice Service on 0300 303 0380



We are "One family in Christ"

Visit our website for more information:

<https://www.stjohnthebaptist.stoccat.org.uk>

01706 647 195



One Family in Christ

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Festival of Joy

We had a wonderful time at the 'Festival of Joy' at St Gabriels RC High school in Bury this week. Our team represented the school excellently as they sang and danced to 'Joyful Joyful!'. Thanks to Mrs Farragher for taking them and Mrs Hickman for preparing them so well.

Well done to all the boys and girls involved!



We are "One family in Christ"

Visit our website for more information:

<https://www.stjohnthebaptist.stoccat.org.uk>

01706 647 195



One Family in Christ

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Worship team

Members of our Worship team planned and delivered a wonderful Celebration of the Word, focusing on the Garden of Gethsemane. The children participated reverently and we had an abundance of spontaneous prayer. Well done everyone 😊



We are "One family in Christ"

Visit our website for more information:

<https://www.stjohnthebaptist.stoccat.org.uk>

01706 647 195



One Family in Christ

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## 'Let Girls Play'

On Thursday night, we took a group of children to participate in the 'Let Girls Play' event at Hopwood Hall. The main focus is getting more females into football or sports in general.



## Lower KS2 PE



Year 3 and 4 were tasked this week in PE to create their own challenging activity using a variety of different equipment. The ideas were original and imaginative with an increasing level of difficulty as you progressed.

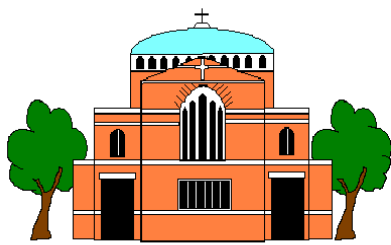
We are "One family in Christ"

Visit our website for more information:  
<https://www.stjohnsrc.rochdale.sch.uk>



@StJohnsRCRoch

01706 647 195



One Family in Christ

# St John the Baptist RC Primary School

Headteacher: Mrs L. Campbell

## Early Years Foundation Stage and Key Stage 1



In Reception class we have enjoyed our minibeast theme; the children really enjoyed exploring in the sensory area, using pebbles to build and trace around minibeast pictures.

We had a fantastic time with our parents completing an Easter themed scavenger hunt; we really enjoyed spending time with our families celebrating an important time of the church year.

In Year 2, we have been learning how to sew. We started by practising basic techniques, and then we upcycled fabric to create our own bags. We even made handles for them!



“Love one another as I have loved you.” John 15:12

Visit our website for more information:  
<https://www.stjohnsrc.rochdale.sch.uk>

01706 647 195



One Family in Christ

# St John the Baptist RC Primary School

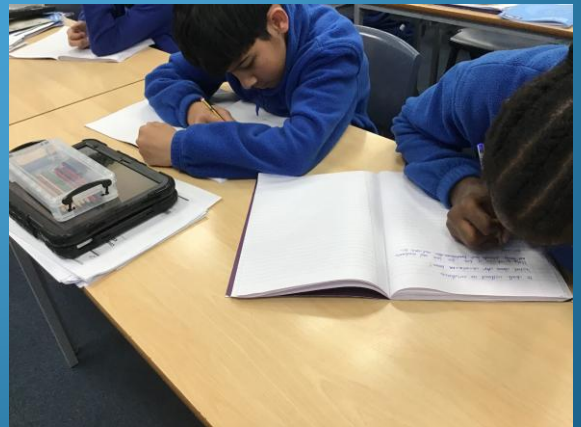
Headteacher: Mrs L. Campbell

## LKS2



This week in art, Year 4 painted willow trees in a river scene, using acrylic paints.

In RE, the children completed their final piece for Branch 4, Desert to Garden, by writing a reflective non-chronological report. They explored everything they had learnt about Holy Week, including Jesus' journey, sacrifice and unwavering trust in God's plan. The children reflected thoughtfully on how, just like Jesus, we are called to trust in God during difficult times.



Love of learning and playing together. One community, aiming high, helping each other and praying together. On our journey with Christ.

Visit our website for more information:  
<https://www.stjohnsrc.rochdale.sch.uk>



@StJohnsRCRoch

01706 647 195